

## Scouting from Home Volume 9

1 message

scouts@4thheswallseascouts.org.uk <myscout@onlinescoutmanager.co.uk>

22 May 2020 at 14:12

Reply-To: scouts@4thheswallseascouts.org.uk

To: 4thheswall@gmail.com, scouts@4thheswallseascouts.org.uk



## Scouting from Home Vol. 9

Hi Andrew

Newsletter 22/05/20

I hope you and your family are keeping well and enjoying the extra opportunities to get outside.

With May half term ahead of us it is a good opportunity to look back through our Newsletters and find a badge or activity you may have missed and could do over the half term, all your Newsletters are stored in the Members Area of our website.

This week has been Mental Health Awareness week. Mental health refers to the way we think, feel and act. Some of the activities and links in this newsletter relate to mental health and safeguarding, please see the “**Watch It and SAFE SCOUTING**” sections, please discuss with your Scout before you forward the newsletter.

Badges at Home are being awarded thick and fast, with over 20 badges due and many more coming along for those of you who are taking part in the tasks for some of the more involved awards. Keep it going, you're doing great.



Whilst we will always actively encourage badge activities at home, we cannot control the environment in which the activity takes place.

Every activity, adventure, and event you have with 4th Heswall is carefully planned, assessed, and insured. Many of our leaders hold adventurous activity permits and have training and experience in the relevant safety considerations.

All of the at home activities that we suggest should be supervised by an adult at all times.

See [Safeguarding and Safety](#) for more details, PW 4thHeswall

See you soon.

Andy SL

Please forward this newsletter to Andrew and discuss the activities with them if they do not get this email directly.

## Connect with Nature

**This week has been Mental Health Awareness Week and nature is such an important resource for our mental health and well being. We need it & must protect it.**



**Here are 5 ways you can connect with nature from the World Wildlife Fund this week.**

[Connect with Nature](#)

Find out how being a Sea Scout at 4th Heswall helps with your Mental Health and Well Being and ask your adult to become a role model and join in the fun at fourth...[Mental Health & Well Being\\_@4thHeswall](#)

## NEW STUFF THIS WEEK

### Taking You To The Top

from Merseyside Scouts #TY2TT

This is a six-week programme to support our young people to continue to work towards their top awards, in each Section. Each week Merseyside Scouts will be publishing ideas and activities for our young people to take part in under the supervision of their adults. All Sections will cover the same theme, each week, but will have different activities.

This is a great initiative from the county team and follows on from what you



have been doing with 4th Heswall and Badges at Home.

More information about Badges at Home can be found here...

[Badges At Home](#)

Taking You 2 The Top will be released weekly starting tomorrow, Saturday 23rd May and will run through until 4th July 2020.

**Each weekly theme are as follows:**

- 23rd May: Skills
- 30th May: Creative
- 6th June: Fitness
- 13th June: Adventure
- 20th June: Outdoor
- 27th June: World

**It starts tomorrow with Skills**

**Find out more here...** [Taking You 2 The Top #TY2TT](#)

## Zoom Back to Nature Quiz LIVE

It was great to see you all on Zoom for the Above and Below the waves BIG Quiz LIVE, details for next week's quiz will be emailed after the weekend.

Congratulations to Sophia, on winning this week, who now joins Jack, Matthew and Thomas as 4th Heswall quiz champions, your prizes will be awarded once we can resume Scouting face to face.

Young Leaders and 4th Heswall Explorers are welcome to join in too.

The next Zoom meeting, the Back to Nature Quiz, is about everything that's green, crawly or muddy. Details will be emailed after the weekend to your adult.

## Badges at Home

Give this badge task a try from home, record your evidence. Let me know how you get on, share it, tag it, show it, send it, and you'll get the badge.

This week's try at home badge is:

## DIGITAL MAKER STAGED ACTIVITY BADGE

## A summary of how to earn Stage 1 then gradually work your way to Stage 5



### Stage 1 Criteria

1. Show that you know what a computer is and understand that there are lots of uses for digital technology in everyday life.
2. Create a graphic for a computer game, app, or website.
3. Write clear instructions for a computer or person to follow to complete a task.

You could write instructions to a relative on how to set up a video call or take a selfie.

Save your evidence, ask your adult to upload to OSM with a brief explanation of how you achieved the tasks against each tick box for that task. With your adult's permission we can then publish your work on our website and social media.

Further details and full badge criteria can be found on our website:

[Badges at Home](#)

## WATCH PARTY

### Kindness Matters

The theme of this week's Mental Health Awareness is Kindness Matters Most, do something kind for someone at least once a day will benefit you just as much as them.

[WATCH KINDNESS MATTERS](#)



Learn how Scouting at 4th Heswall builds resilience and benefits your [Mental Health and Well Being](#).



## Knot on the Water

Susie shows you a Bowline & Den Building.

Could you make a Knot Demo or Den Making video as part of your Digital Maker Badge?

[WATCH KNOTS HERE](#)



## Safe Scouting

**It is important that Scouts is a safe environment for you to have fun, learn new skills and make memories for life.**

If ever you feel unsafe in any aspect of your life, make sure you tell someone you trust.

Feeling safe at Scouts, School, Soccer, Swimming, or on the Streets, wherever you are, whatever you are doing, if you do not feel safe, talk to someone you trust.

[Safeguarding Video for Scouts from The Scout Association](#)



**Learn how Scouting at 4th Heswall ensures your...**

[Safeguarding & Safety](#)

## Scouty Apps - Sporteering

This is a great app that we will be using in the very near future. With your adult's

permission download the app and ask them to set up an account with you, you will need to use your adult's email to do this.

Once you have the app standby for further instructions on a mission for you and your family next week.



### IOS app:

<https://apps.apple.com/gb/app/sporteering/id1226450328>

### Android app:

[https://play.google.com/store/apps/details?id=com.clr.polaris&hl=en\\_GB](https://play.google.com/store/apps/details?id=com.clr.polaris&hl=en_GB)

## Over on Social #kindnessmatters

### Search social media for #kindnessmatters.

This week has been Mental Health Awareness week. Mental health refers to the way we think, feel and act. Everybody has mental health, the same way everybody has physical health, and we need to look after it.

Find out how being a 4th Heswall Sea Scout helps your mental health.

### [How Being a Sea Scout Helps](#)

## ONGOING ACTIVITIES

### Necker Pass Challenge

#### How are you getting on with your necker pass clips?

We have had a good response so far, although we would still like a few more to make it a success.

Why not take the clip somewhere that you have enjoyed walking to. Don't forget, if you live in the same house as another member you can pass the necker on in one clip and do something together.

#### Guidance for this to work:

- Ask your adult to film you and email or WhatsApp the clip to a leader with written consent given to use publicly.
- Use a 4th Heswall tangerine necker.
- The necker must come into shot from your right, and exit to your left, so the necker travels from left to right on the screen.

- We would like you to wear full uniform, fancy dress or scouting related attire such as a hoody.
- Make the clip interesting, inventive, amusing and short.
- Preferably filmed in the daytime.
- Finally, and perhaps most importantly SMILE

**Follow this link for inspiration:** [TAKE A LOOK](#)

**If you haven't got a necker, don't miss out, please ask your adult to contact me.**

[Sea Scout Badges from home LAUNCHPAD](#)

[50th Badge Competition](#)

[CRE8 Challenge from Merseyside County Scouts](#)

## Latest News

See all the latest news from the troop on our website... [Latest News](#)

## Get Social @4thHeswall

You can connect with the group through social media, tag, like, share, mention, comment, see all our social media here [4th Heswall Social Media](#)

## Stay Safe, Stay Active, Stay Home

Keep your sails tight and your canvas dry, See you soon

**Andy and the team**

**See your badge progress here:**

<https://www.onlinescoutmanager.co.uk/login.php?g=a70005a3-46a2-4b75-951f-85ab4e4ec1e0-1591362768>

[www.4thheswallseascouts.org.uk](http://www.4thheswallseascouts.org.uk)

