

## Scouting from Home Vol. 12

1 message

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12 June 2020 at 20:43

Reply-To: scouts@4thheswallseascouts.org.uk

To: 4thheswall@gmail.com, scouts@4thheswallseascouts.org.uk

**WE ARE SUPPORTING  
RLSS UK'S...**



## Scouting from Home Vol. 12

**Newsletter 12/06/2020**

**4th Heswall Sea Scouts RN44**

I hope you and your family are well and your week has passed without incident. Please find attached a letter from our Group Scout Leader on the health of our group. There is an all UK Scout members meeting at the end of this month, we may know more details then.

It was great to see so many of your online this week for armpit fudge making. Congratulations to Emily, Anna, and Jonathon who have become the newest members of our group following their online investiture into 4th Heswall Sea Scouts, please join in extending a warm heartfelt welcome to all three.



As Sensible Sea Scouts we all know the importance of wearing a personal flotation device, a helmet during adventurous or new activities, and having someone there watching over you to keep us safe when we are on or in the water. Your Sea Scout leaders go to great lengths to ensure your safety when we are on, in, or near the water.

During this time we cannot take part in face to face Scouting, the lake where we sail is closed, and the lifeguards are not monitoring the beaches. It is important to realise the dangers of swimming or playing near water and soft mud during this time as your rescue, should you get into difficulty, may be delayed and so putting you and others in danger.

This week's theme is water and adventure, stay safe, see you soon.

Andy, Sea Scout Leader

Please forward this newsletter to Andrew and discuss the activities with them if they do not get this email directly.

## READ IT...

### The Shocking Truth



Cold Water Shock is a real danger in water below 15°C. If you do find yourself in the water, a lifejacket could literally save your life.

Cold Water Shock is a cause of death that many people fail to appreciate. Adequate clothing and a lifejacket will potentially help you to survive long enough to be recovered.

When the body is suddenly immersed in cold water it experiences a number of physiological responses that can rapidly incapacitate and even kill. The sudden lowering of skin temperature is one of the most profound stimuli that the body can encounter.

[READ THE SHOCKING TRUTH](#)

## NEW STUFF THIS WEEK

### Drowning Prevention Week Campaign

This week is Drowning Prevention Week (DPW). The aim of the campaign is to help everybody across the UK and Ireland to #BeALifesaver and take charge of their own destiny to enjoy the water, safely.



Created by the Royal Life Saving Society UK, the campaign is now it's 7th year and over that time the charity has gained an ever increasing amount of support to educate individuals and families, at a time of the year that is most crucial.

[LEARN MORE ABOUT RLSS HERE](#)

## Zoom LIVE

It was great to see you all on Zoom for Armpit Fudge, details for next week's meeting will be emailed after the weekend.

Congratulations again to Jonathon, Anna and Emily and welcome to fourth, we will be doing some more investitures this Tuesday, please join us if you can to welcome our new members.

Next week we will be doing another activity and making a start on the World Challenge Award, you will need certain items to complete the task, your adult will get a separate email about this.

## Badges at Home

### Extra Curricular Achievements

Badges from your extra curricular activities.

Many badges can be completed by uploading evidence of your extra curricular activities, such as Musician, Swimmer and Martial Arts.

## Swimmer Staged Badge



If you have achieved swimming awards, take a look at the criteria for the stages on the Scout website, gather your certificates and medals as evidence, take photos or scan them in, then ask your adult to submit them.

[EXTRA CURRICULAR BADGES](#)

The Scout Activity Badge Stages mirror closely those of many UK national swimming awards. Look through Stages 1 to 5 to see which most closely represents your swimming achievements. Upload your evidence to OSM and we will present you with your badge at the 2020 Badge Awards Ceremony.

[Further details and full badge criteria can be found on the Scout website: Swimmer Staged Badge](#)

## Watch It...

## Man Over-Board



**Man over board drill with double Olympic Gold Medalist, Shirley Robertson...**

[Man Over-Board](#)

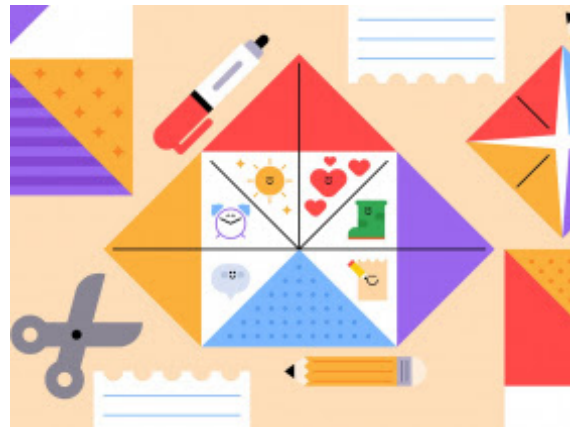


## Resilience

**Helping to build a resilient generation #SkillsForLife**

Find out how Scouting helps build your resilience and boosts your wellbeing.

[Learn More on the Scouts UK YouTube Channel](#)



## Knot on the Water

### SAIL SMARTS 10

Parts of the boat premieres on Sunday at 11am, make sure you take time to [Watch It...](#)

[WHAT PART WHERE](#)



## Over on Social #TimeForNature

### Search the internet for #EnjoyWaterSafely

The theme for Drowning Prevention Week 2020 is, 'Enjoy Water Safely' with a focus on its role in providing the essential information to everyone, especially



children, who enjoy being on, in, and around the water.

[#EnjoyWaterSafely](#) [#BeALifesaver](#) [#DPW](#)

## ONGOING ACTIVITIES

### Taking You 2 The Top

This weeks #TY2TT Challenge is ADVENTURE, challenge yourself to hike the highest mountain in the world, Mount Everest which is 8,848 metres high. Take part in a [Street Orienteering](#) event, we will be discussing this challenge on Zoom next week.

[Find out more at Merseyside Scouts.](#)



**Necker Pass Challenge Follow this link for inspiration:**

[TAKE A LOOK](#)

If you haven't got a necker, don't miss out, please ask your adult to contact me.

[Badges from Home](#)

[50th Badge Competition](#)

**Learn how Scouting at 4th Heswall fosters resilience and benefits your [Wellbeing](#)**

## Latest News

See all the latest news from the troop on our website... [Latest News](#)

**Please support and promote our group online through social media**

find us on [Facebook](#)

follow us on [Twitter](#)

like us on [Instagram](#)


see us on [YouTube](#)

**Andy and the team**


**See your badge progress here:**

<https://www.onlinescoutmanager.co.uk/login.php?g=6fe43fb0-5bba-436b-a252-27011d7e7d04-1593200602>

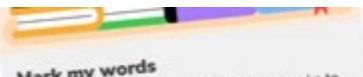
[www.4thheswallseascouts.org.uk](http://www.4thheswallseascouts.org.uk)




**Leaf animals**  
Look at leaves in a different way and use them to make an animal collage.  
Suitable for: 6-8s | Takes: 50 mins




**Switch off challenge**  
Take on the switch off challenge to find a healthy balance between time on and away from screens.  
Suitable for: 10-18s | Takes: 15 mins




**Mark my words**  
Never lose your place in a book again, thanks to this monster bookmark.  
Suitable for: 6-8s | Takes: 20 mins



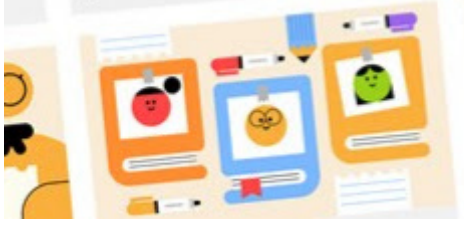
**Fabulous fancy frames**  
Craft a frame for a photograph that makes you smile then make a gallery for everyone to admire.  
Suitable for: 6-8s | Takes: 45 mins



**Dear future me**  
What does the future hold? Use your imagination to send a postcard to your future self.  
Suitable for: 6-8s | Takes: 10 mins



**An in-tents year**  
Get creative and make a colourful calendar to show off your best photos.  
Suitable for: 8-10s | Takes: 1 hr




**Changing your coat**  
Understand your local coat of arms, the



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 Thank you for your support.pdf  
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